

Small Group Guide

Week of February 19 – Psalm 27 – Fear Not

Ice Breakers (5-10 minutes)

-Tell the group about something you are afraid of or a situation when you experienced deep fear

Sermon Study

Psalm 27: 1

The LORD is my light and my salvation; whom shall I fear?

The LORD is the stronghold of my life; of whom shall I be afraid?

1. How well do you know God? What are some challenges you have faced in getting to know God better?
2. What happens to your mindset as you become distanced from God?
3. What are some ways we can grow in our knowledge of God and our relationship with Him?

Psalm 27: 2-3

2 When evildoers assail me to eat up my flesh, my adversaries, and foes, it is they who stumble and fall.

3 Though an army encamp against me, my heart shall not fear; though war arise against me, yet I will be confident.

4. David spends time reminding himself of the ways that God has shown up in the past, how has he shown up for you?
5. We talked about this 'divine pep talk' that David gives himself. What do your pep talks usually look like? How do you typically approach fearful or anxious situations?

Psalm 27: 4

4 One thing have I asked of the Lord, that will I seek after: that I may dwell in the house of the Lord all the days of my life, to gaze upon the beauty of the Lord and to inquire in his temple.

6. In Verse 4, David detaches himself from his present circumstances and looks towards a future with God. How do you step away from times of fear? What has worked for you to put circumstances into perspective?

Psalm 27: 7-9

7 Hear, O Lord, when I cry aloud; be gracious to me and answer me!

8 You have said, "Seek my face. My heart says to you, "Your face, Lord, do I seek."

9 Hide not your face from me. Turn not your servant away in anger, O you who have been my help. Cast me not off; forsake me not, O God of my salvation!

7. Here we get to listen as David cries out to God for help. What do your prayers sound like when you pray to God in times of trouble? Where does prayer fall in order on your list of action items during these times?

Psalm 27: 13-14

13 I believe that I shall look upon the goodness of the Lord in the land of the living!

14 Wait for the Lord; be strong, and let your heart take courage; wait for the Lord!

8. We discussed that the phrases 'Do Not Fear' and 'Fear Not' are not commands, but invitations. What does this difference mean to you?
9. We discussed several steps in this process of approaching our fears based on Psalm 27, which do you believe will be most helpful to you?

Prayer Time (5-10 minutes): share requests and pray for your group