

Participant Guide

February 1 – 5 Ways God Helps Us Grow – Suffering

2 Corinthians 4: 16-18

Review Questions

1. Pastor explained to us what a trial looks like. Discuss.
2. What are the things that we need to know for Joy to be possible in the midst of pain? How do these things help us? (James 1:2-4)
3. How do trials strengthen our faith? How have you seen this in your own life?
4. How do trials detach us from this world? What things in this world are you most attached to?
5. God may use trials to reveal His glory or do draw someone else to Him. How do you feel about Him doing this? Have you ever seen this play out in your own life or the life of someone else?

“Digging Deeper”

Review the narrative from John Chapter 11. What details stand out to you the most? Try to put yourself in the shoes of the various people present in the story – imagine what they experienced.