

Small Group Guide

Week of March 12 –Psalm 42 Hope

Ice Breakers (5-10 minutes)

-Tell the group – would you rather be lost at sea or buried alive – support your answers!

Sermon Study

Read Psalm 42

1. What do you see as the main difference between the typical definition of hope and the biblical definition?
2. Why is hope so powerful? Why do we desire to have it?
3. What things are you most tempted to place your hope in? Why these things?
4. Do you agree that God has created a deep longing in all of our hearts? How have you experienced this?
5. Do you ever have to “grab your soul and shake it”? What works for you and what doesn’t?
6. What promises from God are most comforting to you? Which are most difficult to believe?

“Digging Deeper”

Read 2 Corinthians 1:21-22; Ephesians 1: 13-14; Galatians 5: 22-26

The Holy Spirit is described as a “deposit” or “guarantee” of a full inheritance that is to come. The presence of the Holy Spirit gives us Hope (certainty) for what awaits us one day. What are the signs that the Holy Spirit is present in us that can encourage us as we look toward the future?

Prayer Time (5-10 minutes): share requests and pray for your group